

February 10, 2009

POMONOK SENIOR CENTER TO HOST PHYSICAL THERAPY PROGRAM

A presentation highlighting physical therapy and its role in wellness will take place at 11 a.m. on Tuesday, March 10, at the Pomonok Senior Center at 67-09 Kissena Boulevard in Flushing.

Dr. Vinod Somareddy, founder and president of Reddy-Care Physical Therapy in Great Neck, will be the featured speaker. Reddy-Care is a leading physical therapy practice specializing in manual therapy to treat musculoskeletal conditions. Among Dr. Somareddy's topics will be: what physical therapy is; different types of physical therapy; and knowledge of the body to prevent injury and disease.

Mark your calendars. A Q&A segment will be included. The Center is located across from Queens College. For further information, call Pomonok Senior Center at 718-591-3377 or Reddy-Care Physical Therapy at 516-829-0030.

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