

WELLNESS AND PHYSICAL THERAPY TALK FOR HERRICKS SENIORS

A presentation highlighting physical therapy and its role in wellness for seniors is scheduled for 11:15 am on Tuesday, May 12, at the Herricks Senior Community Service Center at 999 Herricks Road in New Hyde Park.

The featured speaker will be Dr. Vinod Somareddy (DPT) of Reddy-Care Physical Therapy in Great Neck. Among the topics will be: what is physical therapy, different kinds of physical therapy, assessing the risk of falls in seniors, and knowledge of the body to prevent injury and disease. Reddy-Care is a physical therapy practice specializing in manual therapy for musculoskeletal conditions.

Mark your calendars. A Q&A segment will be included. For information call 516-829-0030 or consult <http://www.reddycare.net/>

PRESS CONTACT: Peter F. Burke
516-829-0030