

**For Immediate Release:
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Lauren Monticelli Joins Reddy-Care Team

Lauren Monticelli joins our professional staff at Reddy-Care Physical Therapy this week. She holds a Masters of Science in physical therapy and has twelve years of clinical experience in the industry. She specializes in strain/counter strain techniques. A mother of two, Lauren leads an active and engaging life. She is a Take Shape for Life[®] coach and an organizer for Long Island Fit. An avid surfer, she also enjoys running and swimming.

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About Reddy-Care:

Reddy-Care Physical Therapy is a physical therapist owned facility, conveniently located in Great Neck, New York. Because of this, it serves a vast number of communities, families, and businesses.

As a staple in our community, Reddy-Care Physical Therapy takes great pride in providing effective, result- oriented physical therapy services to our clients. As the service industry dictates, we have adopted an individualized approach to therapy gaining mention among our peers. Comfortable treatment environment, inquisitive staff members, effective communication with physicians, team-oriented, and result-driven therapists all serve as cornerstones to our health conscious therapeutic environment.

By offering a variety of specialized treatment options for various populations, Reddy-Care Physical Therapy has the ability to successfully treat many physical therapy-related conditions. All of our therapists specialize in manual therapy (hands-on), blending exercise strategies that address a spectrum from geriatrics to top athletes. Our goal is to give our patients measurable results, which are proven in an environment that permits comfort and change. We also aim for rapid results, health care promotion, and an overall target to achieve our patient's goals-no matter how big or small.