

**For Immediate Release:
August 31, 2010**

Free Clinic on Healthy Living

One of our newest physical therapists here at Reddy-Care will provide a free clinic on the Take Shape for Life[®] program. Lauren Monticelli will lead the clinic on Monday, September 13, 2010 at 7:30 pm. It will be held in our Great Neck office at 475 Northern Blvd. Take Shape for Life[®] provides the opportunity to look and feel better through living well. The program centers on the individual needs of the client providing long-term solutions to weight management challenges through the informed, caring support of Take Shape for Life[®] coaches. Lauren will speak about the need for Optimal Health which extends far beyond the physical encompassing mental and even financial well-being. Please join us to learn about this exciting new program!

Press Contact:

Will Mathewson – 516-829-0030

wmathewson@gmail.com

About Reddy-Care:

Reddy-Care Physical Therapy is a physical therapist owned facility, conveniently located in Great Neck, New York. Because of this, it serves a vast number of communities, families, and businesses.

As a staple in our community, Reddy-Care Physical Therapy takes great pride in providing effective, result-oriented physical therapy services to our clients. As the service industry dictates, we have adopted an individualized approach to therapy gaining mention among our peers. Comfortable treatment environment, inquisitive staff members, effective communication with physicians, team-oriented, and result-driven therapists all serve as cornerstones to our health conscious therapeutic environment.

By offering a variety of specialized treatment options for various populations, Reddy-Care Physical Therapy has the ability to successfully treat many physical therapy-related conditions. All of our therapists specialize in manual therapy (hands-on), blending exercise strategies that address a spectrum from geriatrics to top athletes. Our goal is to give our patients measurable results, which are proven in an environment that permits comfort and change. We also aim for rapid results, health care promotion, and an overall target to achieve our patient's goals-no matter how big or small.

